

## Abstract

The invention relates to the provision of a mechanical joint, a method for forming the same and items made incorporating the joint. The joint includes a first member with an opening which is in an initially sufficiently wide condition to receive therein a second member, insert or former. When the same is positioned correctly the opening is moved to a condition whereby the insert, second member or former is trapped in the opening. By this method the second and first members are connected either directly or via connection to the insert or former. Items including a plurality of said joints at the required locations can be made which are strong and sturdy and with relatively straightforward manufacturing requirements.

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